

Report of the 2014 EFAS travelling fellow, Lee Parker

I would like to begin by thanking the EFAS fellowship committee for awarding me this prestigious fellowship and Integra for their sponsorship.

Antwerp, Belgium

My first visit was to the ZNA Middleheim hosted by Drs Kris Buedts and Dominique Spaepen. Here I was impressed by some textbook forefoot reconstructions, my first experience of an all-inside arthroscopic Brostrum repair and of the Hintegra ankle replacement. Thanks to Kris and Dominique for their hospitality and congratulations to Kris on his appointment to the EFAS council.



Dr Kris Buedts and Dr Dominique Spaepen

Lausanne, Switzerland

At the Cité Hospitalière Universitaire Vaudois (CHUV) I received a warm welcome from Dr Xavier Crevoisier. I was invited to present some of my published research at the departmental meeting and was pleased this stimulated a debate. During my stay I was shown several technical tips on the Lapidus and scarf and I observed MIS surgery on the forefoot. We spent a good deal of time discussing cases and surgical techniques on Xavier's office balcony over coffee with a spectacular backdrop of The Alps and Lake Geneva. I would thoroughly recommend a visit to Lausanne. I managed to visit the Olympic Museum and take in several other sights there. My thanks and best wishes to Xavier and his team.



Dr Xavier Crevoisier



Not a bad view from the hotel!

Barcelona, Spain

I was hosted at the Hospital Clinic, University of Barcelona by Dr Jordi Asuncion Marquez. He has the most experience of anyone I have encountered with the MIS burr and so I was interested to note that after mastering the learning curve he has abandoned MIS-1st metatarsal osteotomy. What he does do with MIS is rational and skillful and I was impressed. I enjoyed the early starts and the late lunch tapas with Rioja- what a superb work-life balance!



Dr Jordi Asuncion-Marquez

Finally I attended the 10th EFAS Annual Congress in Barcelona and was thoroughly impressed with the scope and variety of educational topics, debates and symposia. I was joined by my wife for the congress dinner and final weekend which was a great opportunity for us to socialise with so many inspirational characters of the foot and ankle world and take in some of the attractions of Barcelona.



Casa Batlló, Barcelona- one of Gaudi's finest

I am very grateful to the EFAS secretariat who work so hard behind the scenes to organize the fellowship. I would thoroughly recommend the EFAS fellowship to aspiring surgeons towards the end of their training. To gain the most out of the fellowship is to arrive equipped with a level of experience where you can present your own ideas, contribute to debate and leave challenged..... and inspired.